আম্বেদকর কলেজ

ফটিকরায়, উনকোটি, ত্রিপুরা

# Ambedkar College

A Govt. Degree College Affiliated to Tripura University (**UGC 2f &12B recognized and NAAC Accredited B+**) Fatikroy, Unakoti, Tripura – 799290

# **INSTITUTIONAL BEST PRACTICE, 2023-24**

# **PRACTICE - 1**

#### ORGANIZING ACTIVITIES UNDRE COLLEGE SOCIAL RESPONSIBILITY (CSR)

1. Title of the Practice – Establishment of a Cloth Bank & organizing cloth distribution programme.

**2. Objective of the Practice** - To discharge College Social Responsibility (CSR) by collecting clothes from people who no longer need them, and distributing those to the poor and needy.

**3. The Context**—Community service enables humans to acquire life skills and knowledge and provides service to those who need it the most. Volunteering to collect and donate clothes and distribute them among the poor instils the feeling of helping others. This has a lasting positive impact on society at large, along with taking responsibility as an open-minded, principled citizen.

**4.** The Practice – Realizing the importance of clothes in human life and considering sharing one's excess material with others as a best practice, Ambedkar College established a Cloth Bank on its campus on 28<sup>th</sup> November 2023 inside the NSS room. This was inaugurated in presence of the principal, NSS programme officer, NSS volunteers, and other faculty members. Consequently, the NSS units of Ambedkar College organized a cloth distribution programme at Fatikroy Bazar, near the college, on 17<sup>th</sup> June 2024, and distributed collected used clothes among needy people.

**5**. **Evidence of Success**—The needy people of the local village benefited, and the locals of the Fatikroy area appreciated this initiative, and the college's NSS unit volunteer Smt. Shiuli Bashak was awarded the State Best Volunteer award for the year 2023-24.

**6. Problems Encountered and Resources Required** – Difficulty in motivating people to share their unused clothes, and creation of a dedicated place for the bank.





Some Photos of the Cloth distribution programme



## PRACTICE - 2

**1. Title of the Practice** – Organizing Blood Donation Camp.

**2. Objective of the Practice**—To discharge College Social Responsibility (CSR) and inculcate the value of community service, especially the importance of blood donation, in students.

**3.** The Context – Before donation, the donor Students will be screened to identify the quality of blood to be collected. The underweight and the infected persons will not be allowed to provide donations as medical advice. Donors will be informed that by each donation their blood cells will be rejuvenated and hence youthfulness in the blood will be present on every occasion. Donors will be provided with scientific information regarding the blood group and its associated diseases.

**4. The Practice** – The NSS unit of the Ambedkar College organized a Blood Donation Camp on 06/12/2023 to Commemorate the death anniversary of DR. B.R. Ambedkar in collaboration with HDFC Bank, Kumarghat branch. Ambedkar College NSS Volunteers took part in encouraging others. The College provides all facilities like space, furniture, Blood group testing rooms, and blood donating rooms with good hygiene and sanitation as per the medical standard. The camp was inaugurated by Sri Amalendu Das Sabhadipati Unakoti

Zila Parishad. with a motivating session by the subject experts to make the students understand the importance of this best practice.

**5**. **Evidence of Success** – The donor students get free health check-ups to identify the pulse rate, blood pressure, body temperature, and hemoglobin level. The donors were informed of their blood group. The donor students are given a certificate of appreciation. The sick students got proper medical advice from the health personnel.

**6. Problems Encountered and Resources Required** – Students hailed from villages and poor backgrounds are found to be ignorant of their health status. Students are much phobic of needles and blood testing. Some students are underweight and anemic due to malnutrition and undernourishment.

Selected Photos of the Blood Donation Camp





## THE INSTITUTION

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Grade awarded by NAAC: B+

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